

Take a Hike - Week 4

Lake of the Isles / Bde Maka Ska Lake



Minneapolis

Description: "Lake of the Isles" comes from the Dakota name *Wíta Tópa*, meaning "Four Islands." The lake is part of the city's Chain of Lakes and has an area of 109 acres, 2.86 miles of shoreline with a little under three miles of paved walking and biking paths. Lake of the Isles is known for its wooded islands, its long north arm, and the surrounding stately houses of the Kenwood, Lowry Hill, and East Isles neighborhoods. Bde Maka Ska (English approximation: Be-DAY Mah-KAH-Ska), previously named Lake Calhoun, is the largest lake in Minneapolis; the Dakota originally called the lake Mde Maka Ska meaning 'Lake White Earth', or 'Lake White Bank.'

Lake of the Isles / Bde Maka Ska Lake

Parking: There is a pay lot with 80 spaces at the Bde Maka Ska North Beach, just off W Lake Street; Lake of the Isles is located just north of there and is connected by a walkway beneath the roadway

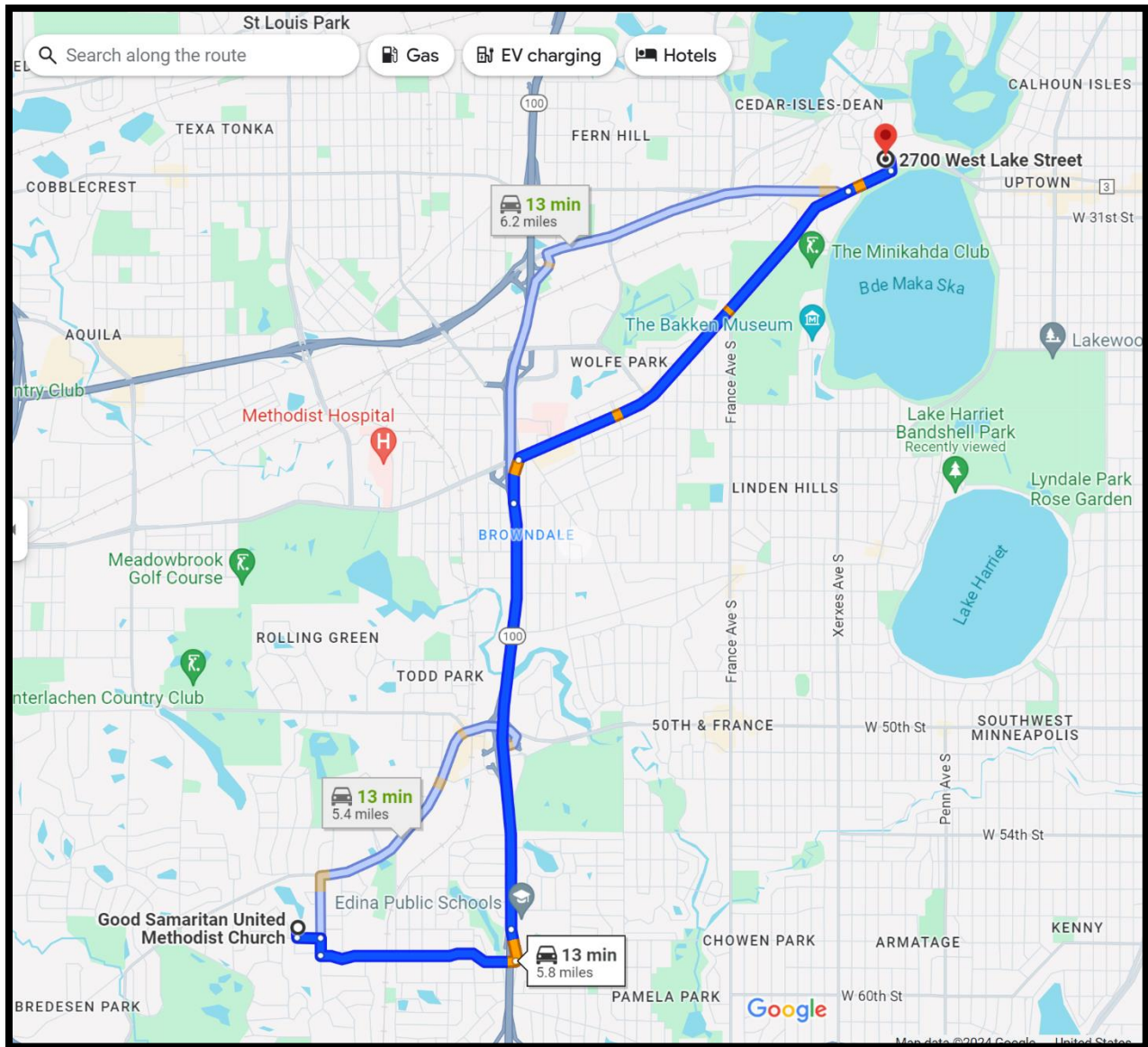
Parking Lot Address: 2700 W Lake St, Minneapolis, MN 55405

Meeting Location: Look for each other by the parking kiosk on the west end of the parking lot; the beach should be nearby

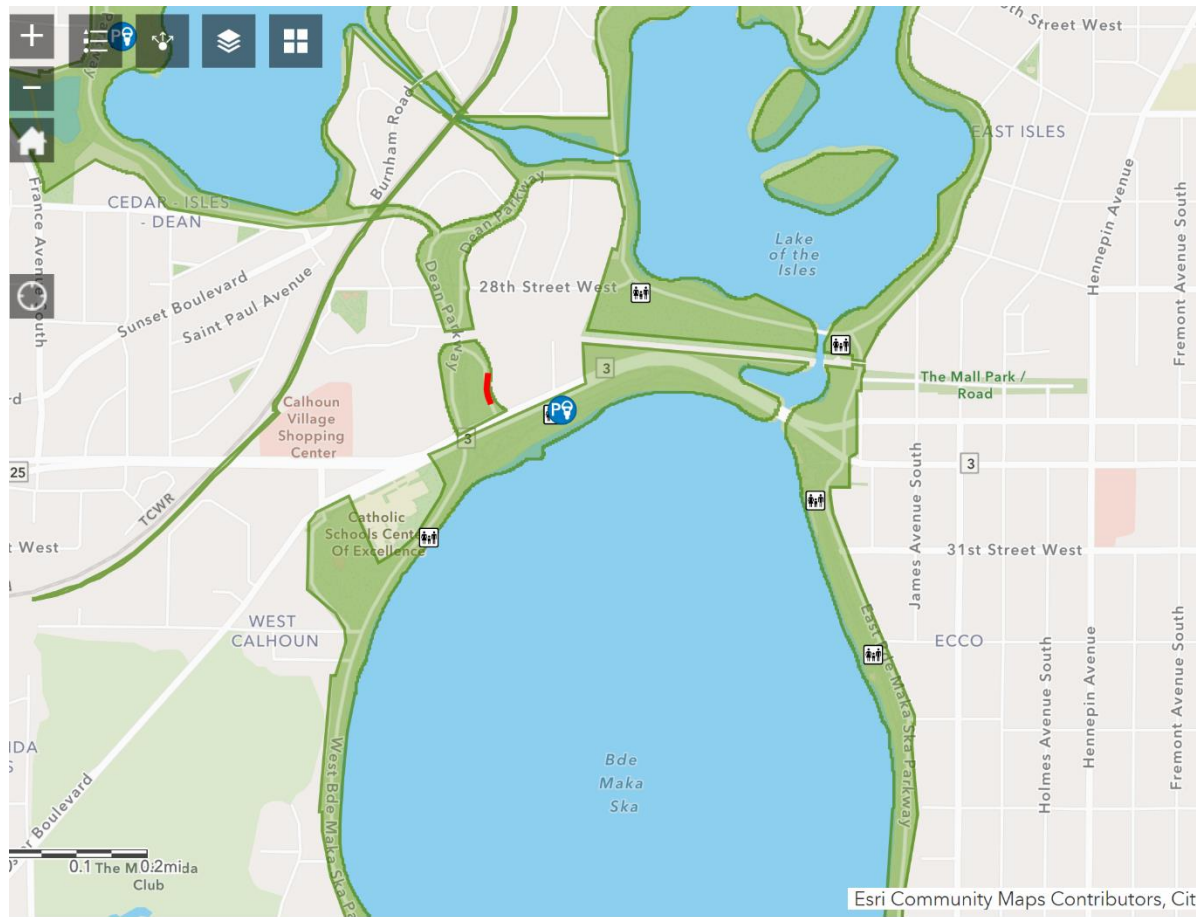
Special Notes: Lake of the Isles itself has very limited parking surrounding it therefore, this location is suggested as a meeting location. Feel free to explore any part of the beautiful chain of lakes region

Map of City Roadways:

[CLICK HERE](#) for a Google Map to the park from the church or see map below



Map of the Park Area:



For more information on the Minneapolis Chain of Lakes Regional Park, visit the website for the Minneapolis Park & Recreation Board

Park Office Phone: 612-230-6400

Website: https://www.minneapolisparcs.org/parks-destinations/parks-lakes/lake_of_the_isles_park/

Links to Devotional Resources:

Current YouTube recording: [Take a Hike – Week 4 – Picnics](https://youtu.be/mYiO-ldQoc0)

<https://youtu.be/mYiO-ldQoc0>

Playlist for [all recordings of Take a Hike](https://www.youtube.com/playlist?list=PLxG4KCljuxEEI1pcJPoQdGRsnoZWJLJIT)

<https://www.youtube.com/playlist?list=PLxG4KCljuxEEI1pcJPoQdGRsnoZWJLJIT>



Suggestions for Reflection as You Take a Hike:

- 1) Recall some of the best or most memorable meals you have ever eaten
- 2) Pay attention to all of the things in nature which are a feast for the birds, the bugs, the beasts, and you
- 3) If Jesus were to prepare a special picnic for you, what would it include and what might he ask of you afterwards?