

Take a Hike - Week 7

Moir Park



Bloomington

Description: Check out this 2.2-mile loop trail near Bloomington. Generally considered an easy route, it takes an average of 46 minutes to complete. This is a popular trail for running and walking, but you can still enjoy some solitude during the quieter times of day. It is beautifully wooded, and the walk is along Nine Mile Creek. There are bubbling, small rapids and it is often quiet and peaceful. This nice loop starts at the disc golf course and follows the bluffs south toward the Minnesota River, looping back down below along the beautiful creek.

Parking and Accessibility: Two moderately sized parking lots border the park, both off W 104th Street; parking appears to be free. There are 2 designated accessible spaces in the paved parking lot at the west end of the trail; both are van-accessible with striped access aisles. The trail surface is paved with asphalt or gravel. It is typically at least 8 feet wide. There are benches along the route for resting.

Park Address: 10320 Morgan Avenue South, Bloomington, just south of Old Shakopee Road

Meeting Location: Just off the parking lots by the start of Hole 1 of the Moir Park Disc Golf Course

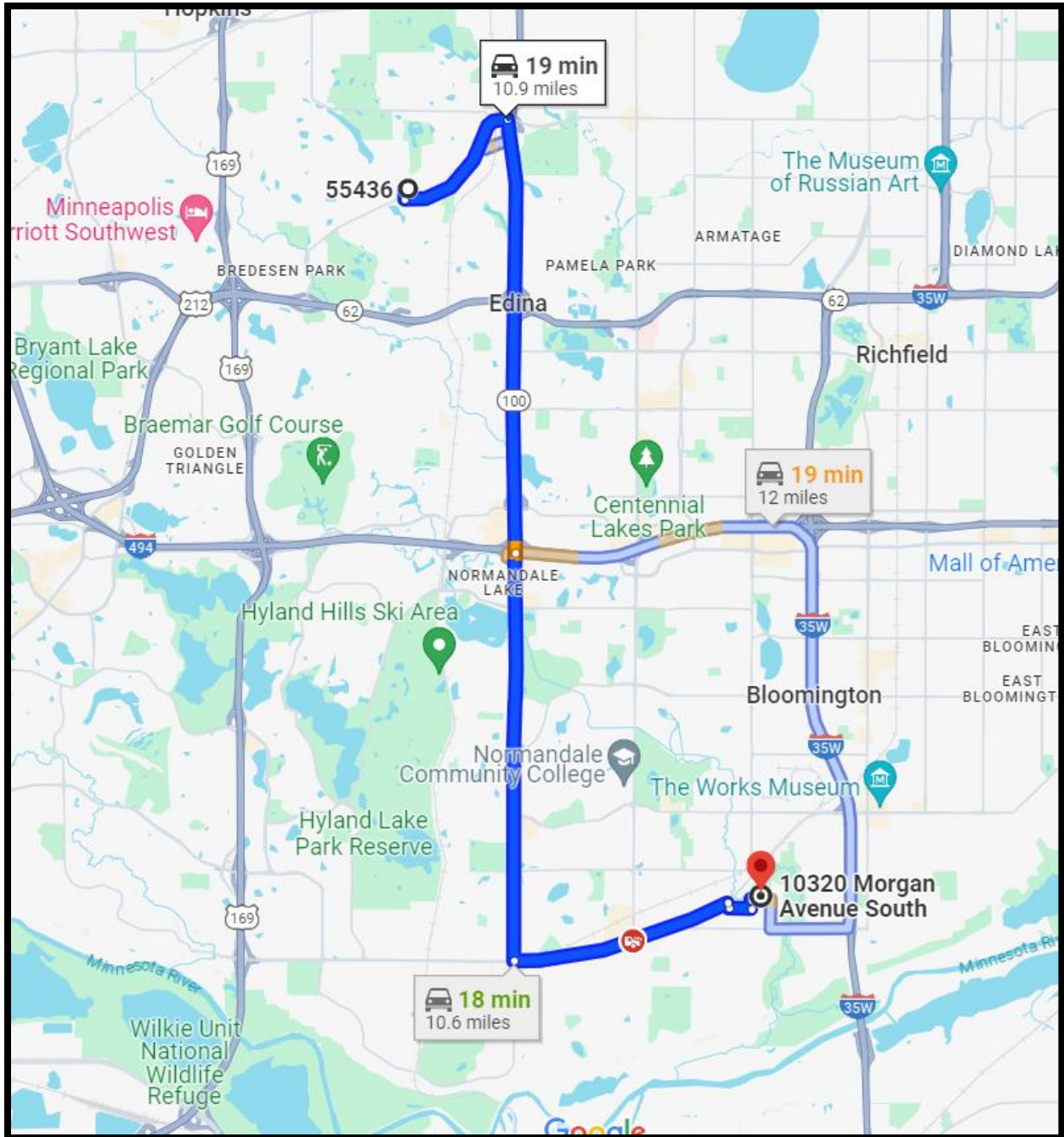
For more information

General Park Office Phone: 952-563-8877

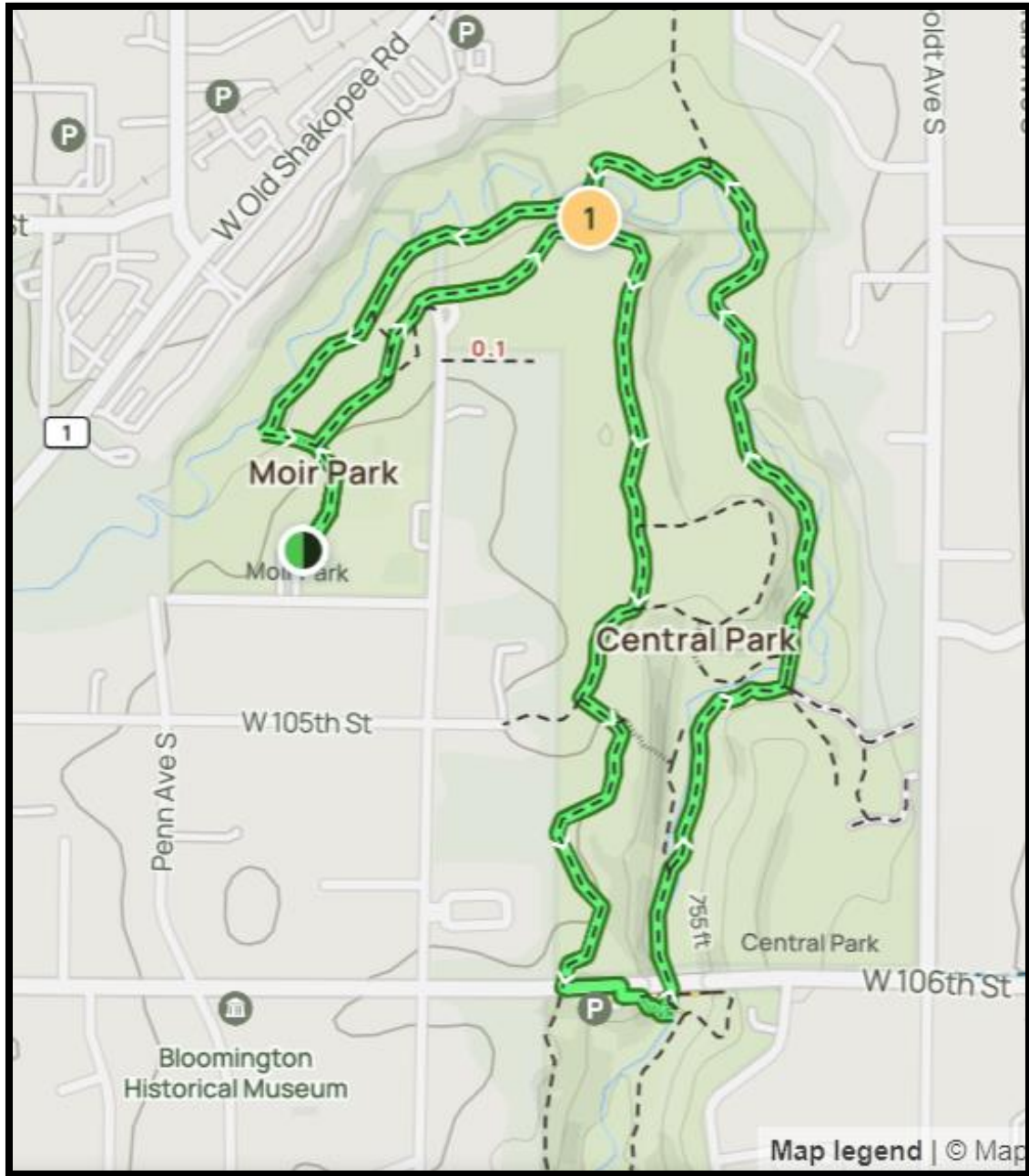
Website: <https://www.bloomingtonmn.gov/pr/parks/moir/central-park>

Map of City Roadways:

[CLICK HERE](#) for a Google Map to the park from the church or see map below



Map of the Park Area:



Links to Devotional Resources:

Current YouTube recording: [Take a Hike – Week 7 – Stillness](https://www.youtube.com/watch?v=1rAPJ90iRag)

<https://www.youtube.com/watch?v=1rAPJ90iRag>

Playlist for all recordings of Take a Hike

<https://www.youtube.com/playlist?list=PLxG4KCljuxEEI1pcJPoQdGRsnoZWJLJIT>



Suggestions for Reflection as You Take a Hike:

- 1) Listen carefully for the sounds and rhythms of nature beneath the noises of civilization
- 2) Consider the noises which surround you most of your day ... What are they like? How do they make you feel?
- 3) What might you do during your times with God to better hear God's gentle whispers?