

Take a Hike - Week 8

Silverwood Park



St. Anthony

Description: Nestled along the shores of Silver Lake, Silverwood Park is a unique natural destination devoted to supporting the practice, appreciation and awareness of creative interactions between people and the natural environment. Discover the work of regional artists and poets along park trails and indoor gallery spaces. A 15-stop Sculpture Tour is laid out along its 1.6 mile-long paved and fully accessible trails.

Parking: Parking is free for personal vehicles in the general parking areas at Three Rivers parks and trails.

Park Address: 2500 County Road East, St. Anthony, MN 55421

Meeting Location: Front of the Visitor's Center

For more information

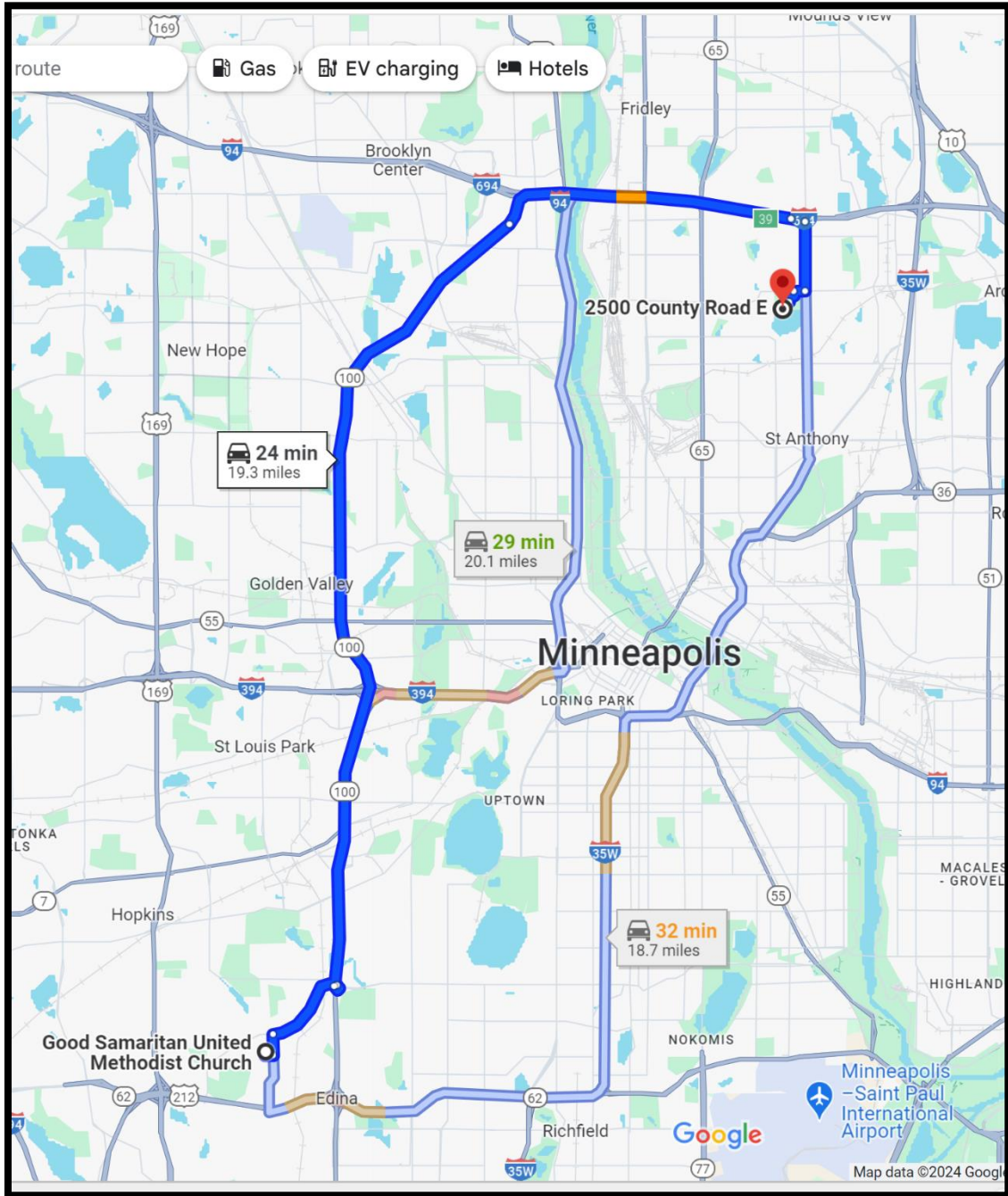
General Park Office Phone: 763-694-7707

Website: <https://www.threeriversparks.org/location/silverwood-park>

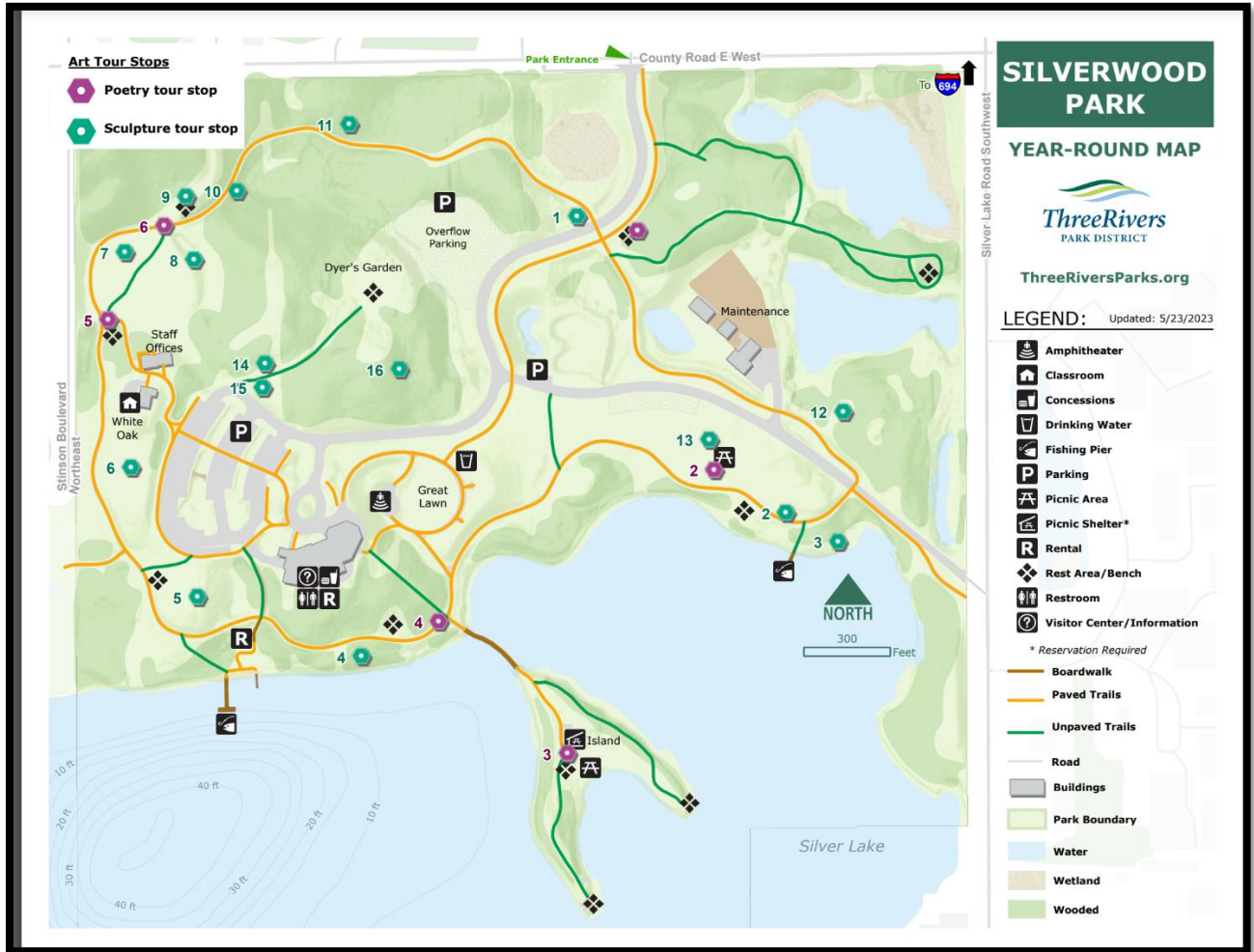


Map of City Roadways:

[CLICK HERE](#) for a Google Map to the park from the church or see map below. Obviously, traffic can create quite a delay at certain times of the day, therefore, plan for extra time accordingly



Map of the Park Area:



Links to Devotional Resources:

Current YouTube recording: [Take a Hike – Week 8 – Darkness](https://www.youtube.com/watch?v=zRGk4E57SFo)

<https://www.youtube.com/watch?v=zRGk4E57SFo>

Playlist for all recordings of Take a Hike

<https://www.youtube.com/playlist?list=PLxG4KCljuxEEI1pcJPoQdGRsnoZWJLJIT>



Suggestions for Reflection as You Take a Hike:

- 1) Choose a path, if you can, with some dark stretches, a route that leads you into shadows or discomfort. While there, recite the 23rd Psalm aloud (if you know it) a couple of times.
- 2) Bring to mind those personal situations from your life when relationships or events felt dark; name for yourself the emotions you were experiencing.
- 3) Now imagine those experiences with Jesus by your side. What would he say? And then picture the two of you leaving the darkness together.