

# Health Form for All Children & Youth 2024-2025

Good Samaritan United Methodist Church, Edina MN

Date Form Completed \_\_\_\_\_

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_  
Last First Middle

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Street Address: \_\_\_\_\_ Parents Email: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Youth Email: \_\_\_\_\_

## HEALTH HISTORY

Please complete the following. The information provided will be used at all youth and children related activities in conjunction with Good Samaritan UMC, including: Children's events, W.I.L.D. Ones, Jr. High (BUZZ) youth group, Sr. High youth group, retreats, and other outings.

**Allergies:** Check all that apply to student.

- My student has **no** known allergies.
- My student has the following allergies (please list ALL allergies, including food, medication, insect, substance, latex, bee stings, or seasonal) \_\_\_\_\_

Describe the reaction, and what is done to manage it: \_\_\_\_\_

**Diet:** Check all that apply to student.

- My student has no restrictions.
- My student has the following dietary restriction(s):
  - Vegetarian
  - Does not eat dairy products
  - Other: \_\_\_\_\_

Please specify \_\_\_\_\_

**Chronic Concerns:** Check all that apply to student and provide supportive care information.

- My student has **no** chronic health concerns and is capable of full participation in this program.
- My student has the following chronic health concern(s):

<input type="checkbox"/> Asthma	<input type="checkbox"/> Mobility difficulties	<input type="checkbox"/> Bleeding/clotting disorders	<input type="checkbox"/> Menstrual cramps
<input type="checkbox"/> Emotional disturbances	<input type="checkbox"/> Headaches	<input type="checkbox"/> Frequent ear infections	<input type="checkbox"/> Sleepwalking
<input type="checkbox"/> Fainting	<input type="checkbox"/> Heat stroke	<input type="checkbox"/> Seizures	<input type="checkbox"/> Frequent sunburns
<input type="checkbox"/> Athlete's foot	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Upset stomach	<input type="checkbox"/> AIDS/ HIV
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Frequent colds	<input type="checkbox"/> Poison Ivy	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Heart trouble	<input type="checkbox"/> Kidney trouble		<input type="checkbox"/> Other: _____

Provide information about supportive health care needed for each checked item: \_\_\_\_\_

**Tetanus Booster:** (please list month and date of last shot) \_\_\_\_\_

**Medication:** Provide complete information. Please update our information if it changes through the year.

- My student does not take any medication on a regular basis.  My student takes routine medication as
  - Please have an adult administer all medications
  - My student can self-medicate

Name of medication: \_\_\_\_\_ Name of medication: \_\_\_\_\_  
Reason for taking: \_\_\_\_\_ Reason for taking: \_\_\_\_\_  
Dose taken: \_\_\_\_\_ Dose taken: \_\_\_\_\_  
Time(s) of day? \_\_\_\_\_ Time(s) of day? \_\_\_\_\_

(attach additional information if necessary)

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## CONTACT INFORMATION

**Parent Contact Information:** We will call in an emergency or if we have any questions about your student. Provide contact information for at least three people who know your student who we may contact. We will make every effort to reach the parents first.

Parent #1 \_\_\_\_\_ #2 \_\_\_\_\_  
Daytime \_\_\_\_\_ Daytime \_\_\_\_\_  
Evening \_\_\_\_\_ Evening \_\_\_\_\_  
Cell \_\_\_\_\_ Cell \_\_\_\_\_

Alternative #1 \_\_\_\_\_ #2 \_\_\_\_\_  
Daytime \_\_\_\_\_ Daytime \_\_\_\_\_  
Evening \_\_\_\_\_ Evening \_\_\_\_\_

### **Health Care Provider Information:**

Name of student's physician: \_\_\_\_\_

Clinic name and city: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Name of student's dentist/orthodontist: \_\_\_\_\_

Clinic name and city: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

### **Insurance Information:**

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

**Preferred Hospital:** \_\_\_\_\_

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## PERMISSIONS AND EMERGENCY RELEASE

I grant permission for \_\_\_\_\_ to participate in all Good Samaritan United Methodist Church (The "Church") activities and overnights for the 2023-2024 school year. (June 1, 2024 - May 31, 2025). I warrant that my student is in good health. In consideration of my student's participation, I agree to indemnify the church and The Minnesota Annual Conference of the United Methodist Church (The "Conference") against any claim of any kind that arises out of any behavior or actions by my student at these events. I (individually and on behalf of my student), so hereby release, discharge, and absolve the church, the conference, their agents and employees from any claim of any kind which we might have by reason of any damage to property or personal injury occurring during the period of time our student is participating in these activities.

Signature of parent / guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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**Authorization for Emergency Health Care:** I, hereby give my permission to the licensed physician selected by the activity leadership, to order and/or administer proper treatment and medical care, routine tests, X-rays, anesthesia, injections, surgery, and/or secure hospitalization for my student named on this form and to release necessary medical information for insurance purposes. A photocopy of this completed form shall be valid as the original. In the event of an emergency, activity leadership will make every effort to reach the parents as soon as possible.

**Signature of parent / guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Authorization for Routine Health Care:** My student is allowed to take/use the following medications under the supervision of an adult leader:

- Tylenol       Advil       Benadryl       Pepto Bismol       Antacids       Antibiotic Ointment

**Signature of parent / guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Activity leadership is authorized to perform Basic First Aid as deemed necessary.

PLEASE LIST EXCEPTIONS or SPECIFIC REQUESTS: \_\_\_\_\_  
\_\_\_\_\_

**Participation Permission:** This health history is correct so far as I know. My student, described herein, has permission to engage in all prescribed church activities except as noted by me and/or an examining physician. I understand that some activities are strenuous and some involve a risk of accidents which may result in serious bodily injury or harm to my student.

**Signature of parent / guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Multi-Media:** I understand that photos (film, video, digital images) taken of my student may be used by Good Samaritan United Methodist Church in publications such as newsletters.

I give my permission for this. YES \_\_\_\_\_ NO \_\_\_\_\_

**E-Mail:** I give Good Samaritan United Methodist Church permission to send e-mails to my student:

YES \_\_\_\_\_ NO \_\_\_\_\_

**Text-Phone Permission:** If my teenager has a cell phone, I give permission for Jan Russell to communicate directly by text or phone call.

YES \_\_\_\_\_ NO \_\_\_\_\_ N/A \_\_\_\_\_

**Signature of parent / guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please send all completed forms to Good Samaritan UMC, 5730 Grove Street, Edina, MN 55436;

%Jan Russell (Director of Children, Youth and Families Ministries) jan@good.org